

Positive Discipline: How to Help Children Learn Self-Discipline Training Module

***The Positive Discipline: How to Help Children Learn Self-Discipline* training module includes:**

- Initial and follow-up training opportunities
- Trainer's guide
- Objectives
- PowerPoint presentation
- Instructor notes
- Small group activities
- Assessment (test your knowledge)
- Self-evaluation (observation and feedback)
- Training evaluation
- Training certificates for participants
- Training log to track number of training hours

The objectives of this training module address the following:

- Standard 1 of NAEYC Accreditation Criteria for Relationships
- Section 1304.21 of Head Start Performance Standards (Federal Register: Nov. 5, 1996, Volume 61, Number 215)

Initial Training Objectives

Teachers will:

- Distinguish between discipline and punishment.
- Identify possible reasons why children misbehave.
- Discuss the important role of observation and documentation.
- Discuss various guidance strategies.
- Recognize the benefits of offering choices and how to offer choices.

Duration: Approximately 1 hour

Audience: For those who work with toddlers through school-age

Follow-up Training Objectives

Teachers will:

- Review the information that was presented in the initial *Positive Discipline: How to Help Children Learn Self-Discipline* training.
- Describe various guidance strategies and provide ideas on how to successfully carry out the guidance strategies.
- Demonstrate real-world examples of how guidance strategies have been used.

Duration: Approximately 1 – 1.5 hours

Audience: For those who work with toddlers through school-age